



PÉTANQUE ENGLAND SKILLS – **RED** AWARD REQUIREMENTS – Sponsored by Samueljacks Teamwear

In order to pass this award candidates will need to attempt all the skill activities and achieve a score of at least 6 out of 12 in every activity. One mark is awarded every time the task is completed successfully. The Green Award must be held before the Red Award can be taken.

The examiner for a RED Award must be a PE qualified coach not involved in coaching or mentoring the candidate for the Award, ideally the examiner will come from another Club.

Activities to be completed

1. Demonstrate to the examiner that the candidate can lob a boule over a rope/bar that is positioned at least 3m above the ground consistently into a circle that is 2m in diameter placed with its front edge at 6m from the throwing circle. The front edge is that closest to the throwing circle.
2. Demonstrate to the examiner that a candidate can hit a boule without dropping short, using a soft looping shooting method to hit the target that is placed 50 cm behind another boule at 6m from the throwing circle. The target boule should be 6.5m and the obstructing boule 6m from the throwing circle.
3. To hit the middle boule out of three that are positioned side by side with a gap of 10 cm between each of them. The boule will be placed at 6m, 7m and 8m distances from the circle.
4. Demonstrate to the examiner that a candidate can promote a boule by landing no more than 50cm in front of a target boule and bring the target boule to within a 50cm radius circle around the jack placed at 7m from the throwing circle.
5. To be able to point a boule from a squatting position to within 50 cm of a jack placed at 6m from the throwing circle.

The examiner will take note of the candidates stance and balance when completing these activities.

6. Be able to complete a competition score card and enter results onto a league sheet.
7. To play as a double a complete game of petanque adhering to the Official Rules of Pétanque utilizing the shots performed in this award. Candidates will pass this exercise providing that they have shown to the examiner that they have worked tactically as a team. This task must be completed to the satisfaction of the examiner in order to pass.

See page two:-



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Knowledge

1. Explain to the examiner what is meant by and then give an example of when it would be appropriate to use the following:-
 - a) Trailing the jack.
 - b) Promoting a boule.
 - c) Lobbing a boule.
 - d) Discuss etiquette on the terrain, give some examples of good and bad etiquette.

2. Inform the examiner of the answers to the following rules:-
 - a) Entitlement to move the circle back.
 - b) What is the minimum distance required for a jack, when thrown at the start of an end, from the side line that separates the lanes or the dead boule lines at the side of the lanes.